

# Mind Mapping



## How can I improve my study skills with Mind Mapping?

Mind Mapping will help you to memorise and prioritise key information when revising for an exam.

### What is traditional note making?

Traditionally, when studying, we make notes in a linear list style by making lines and lines of information. By writing notes in list form you are forced to isolate pieces of information, and you will feel unable to make connections between your ideas. Your creativity is not excited by linear lines of text, meaning that you find ideas written in this way hard to read, and you don't look forward to reviewing your notes.



### What is Mind Mapping?

A Mind Map is visual map of your ideas, laid out around a central thought. To use Mind Mapping for study, simply take the central subject and then organise your notes around this point.

### What are the benefits of Mind Mapping while studying?

- Mind Maps appeal to your senses with their visual elements – images, branch colours and curved branches all add emphasis and ensure that you will remember your notes!
- By noting down only key words, you save vital time while studying. Also, when you go on to write essays or study for exams from your Mind Maps, you will recall the most important information.
- You generate ideas simply through making your Mind Map. Your brain actively makes links between ideas, adds connections, puts thoughts in order and generates further creative ideas.
- Your brain responds to Mind Mapping as it replicates the natural thinking process, so you will find your ideas simply flow onto the page, making studying more enjoyable and more fun!

